

**Health Education England e-Learning for Healthcare** (HEE e-LfH) has now opened up free access for all care homes, including those in the independent care sector. Access has been piloted and it is working well. More information about HEE e-LfH and instructions on how to access the e-learning content can be found below.

**Who we are;** Health Education England e-Learning for Healthcare (HEE e-LfH) works in partnership with the NHS and professional bodies to support patient care by providing e-learning to educate and train the health and social care workforce. All content is nationally quality-assured and available free of charge to all relevant users in health and social care (including care homes run by the independent sector).

**What we offer;** HEE e-LfH's programmes cover subjects from communicating with empathy to dementia, end of life care to safeguarding adults and the safe use of insulin to statutory and mandatory training. The online training sessions enhance traditional learning, support existing teaching methods and provide a valuable reference point. The programmes are available on the e-LfH Hub which records user activity, enabling learners to run reports on all their learning activity and build a transferable life-long learning portfolio. Access to the whole library of content is available 24/7 from any device with an internet connection.

**Registration;** There are two parts to the registration process:

1. Obtaining a registration code for the care home/hospice
2. Registration by members of staff who wish to use the e-LfH resources

**1. Obtaining a registration code for the care home/hospice:** Registration codes are issued by e-LfH for each care home/hospice (not for each organisation). To obtain this registration code the manager should: Go to: <http://portal.e-lfh.org.uk/support/>. Select 'Registration' then 'Next'. Complete the 'General Information' section with their name and email address. Do not amend the fields that are marked 'Registration Query' or 'Additional Information'. In the next section, under 'Subject Heading' enter Request for care home/hospice registration code. In the Message section enter the full name and address (including postcode) of the care home/hospice, and press 'Submit'

**2. Registration by members of staff:** You need to obtain the registration code for your care home/hospice from your manager before you can register. Once you have received the registration code you can register for access to the e-LfH Hub: Go to <http://portal.e-lfh.org.uk/Register>. Enter your e-mail address. Select 'I am a care home or hospice worker' (other options are available). Enter the postcode of the care home or hospice you work in and select the correct option from the drop down list presented to you. Enter the registration code provided to you by your employer. Select 'Register'. Follow the instructions on the screen to complete your registration. You will receive an email with your username and password. Log in. If you already have an e-LfH account please log in as normal: <http://portal.elfh.org.uk/Account/logon>

Should there be any technical problems then the e-LfH Helpdesk should be contacted and can be accessed via the e-LfH website.

## **FREE DEMENTIA TRAINING WORKSHOPS**

For family carers and those who come into contact with people with dementia through their work.

The training workshop consists of one 4.5 hour session covering:

1. Alzheimer's Disease & Other Dementia's – gives participants a good basic understanding of the condition, its symptoms and impact on behaviour.
2. Capturing Life's Journey – introduces the benefits of recording information about the life of the person and shows how this can be used to provide high quality care.
3. Techniques to Manage Behaviours – demonstrates how some understanding together with a number of simple techniques can have a very positive impact on the individual and carer alike.
4. Activities to Encourage Engagement – provides understanding, ideas and techniques to help the carer engage the person with dementia.

The workshops are run from the Home Instead Senior Care training suite in Norwich and are free of charge. We provide free car parking at the office and light refreshments. Places are limited to provide a friendly, comfortable and welcoming environment. Workshops run from 10am – 2.30pm

### **DATES:**

Friday 3rd February

Wednesday 1st March

Friday 7th April

Tuesday 9th May

Thursday 8th June

For more information or to reserve a place please email Mark Johnston  
mark.johnston@homeinstead.co.uk or call 07826 542528

### **NSAB**

A number of new news items have been posted on the Norfolk Safeguarding Adults Board's (NSAB) website:

Items include:

- A best practice fact sheet for Making safeguarding personal
- Explore important topics in adult safeguarding with SALLY
- Hate Crime: briefing for homelessness services
- 'Safe Lives' – Spotlight Report on domestic abuse & older people  
This is a very useful report and well worth a look
- Policy paper – Suicide prevention third annual report
- Lady in the Van – self-neglect and hoarding pilot is open

See

Norfolk Safeguarding Adults Board (NSAB)