

Norfolk Safeguarding Adults Board

NEW news items & important updates have been posted on Norfolk SAB's website.

Please cascade to your colleagues, contacts and networks thank you.

NEWS ITEMS

- *Website page updated: SARs published by other SABs | 25 November 2019*
- *Board Manager's November 2019 blog: 10 minutes ... (plus no one can do everything, but everyone CAN DO something) | 25 November 2019*
- *Book - A Practical Guide to Coercive Control for Legal Practitioners and Victims | 23 November 2019*
- *Deprivation of Liberty Safeguards (DoLS) official statistics | 22 November 2019*
- *Tell us your experiences of adult safeguarding in Norfolk | 18 November 2019*

Please go to: [Norfolk Safeguarding Adults Board \(NSAB\) then click on news](#)

PAGE UPDATES

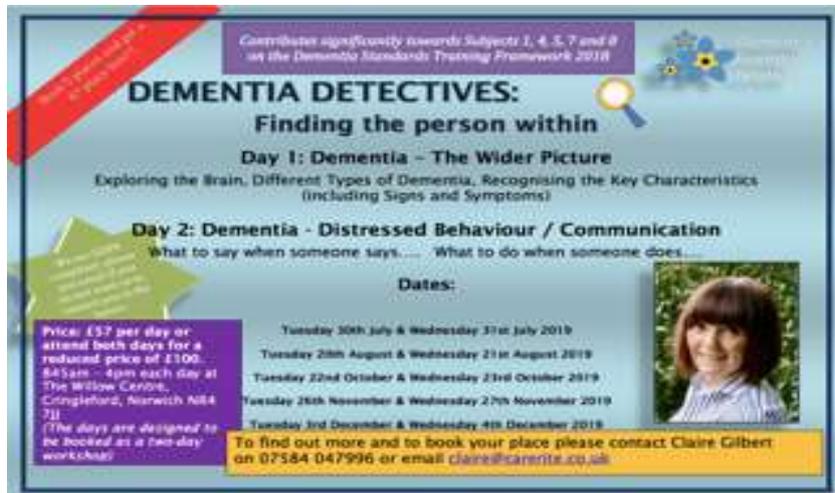
- Safeguarding Adult Reviews (SARs) published by other Safeguarding Adult Boards

My apologies for any cross-posting.

On the 23 November NSAB celebrated 3 years on Twitter. In this time, we have grown from 23 to 1,114 followers, fantastic. A HUGE thank you to everyone who has liked, shared, retweeted for us, every action however small

helps to build a movement against abuse & harm of adults. Please follow
NSAB on Twitter, join us today – @NorfolkSAB #

Training



Contributor significantly exceeds Subjects 1, 4, 5, 7 and 9
in the Dementia Standards Training Framework 2018

DEMENTIA DETECTIVES: Finding the person within

Day 1: Dementia – The Wider Picture
Exploring the Brain, Different Types of Dementia, Recognising the Key Characteristics
(Including Signs and Symptoms)

Day 2: Dementia - Distressed Behaviour / Communication
What to say when someone says... What to do when someone does...

Dates:

Tuesday 30th July & Wednesday 31st July 2019
Tuesday 28th August & Wednesday 29th August 2019
Tuesday 22nd October & Wednesday 23rd October 2019
Tuesday 26th November & Wednesday 27th November 2019
Tuesday 3rd December & Wednesday 4th December 2019

Price: £57 per day or attend both days for a reduced price of £100.
8.5am – 4pm each day at The Willow Centre, Copleford, Norwich NR4 7JL
(The days are designed to be booked as a two-day workshop)

To find out more and to book your place please contact Claire Gilbert on 07584 047996 or email claire@carents.co.uk

Events



Help make a Senior in Norwich smile this Christmas

Home Instead Senior Care will once again be organising the “Be a Santa to a Senior” gift giving scheme this Christmas.

Members of the public donate small gifts suitable for an older person, volunteers wrap them and the Home Instead team deliver them to older people in Norwich who may not otherwise receive a Christmas present.

If you would be interested in supporting the scheme by donating, wrapping, or nominating a person or group to receive gifts. Please contact Mark Johnston at mark.Johnston@homeinstead.co.uk or 07776 060837.

Members of the Home Instead team will be in store at QD Anglia Square collecting donated gifts on Saturday 30th November from 9am to 4pm.

Gift wrapping will take place at Oddfellows Hall on Reepham Road on Tuesday 3rd December from 10am to 2pm.

Senior Friendship Group



Come along and make new friends, have a cup of tea and enjoy new activities each month. We welcome all including those with memory loss or other health conditions. There is no charge for attending.



The group is organised and facilitated by Mark Johnston

Date	Activity
12 th June	Come and meet us. Looking at reminiscence kits and quiz
10 th July	Board and card games
14 th August	Holiday photo's and making holiday collage
11 th September	Musical based games and activities
9 th October	Pets and animals theme
13 th November	Visit from local school children
11 th December	Making Christmas cards and Christmas carols

Second Wednesday of each month from 10:30am to 12:00 noon at Hellesdon Library.

Please contact Home Instead Senior Care on 01603 482116 for more information.



Norfolk County Council

Information - On behalf of the Development Worker Team

Early Help and Prevention, Adult Social Services

If you have a disability that may not be immediately obvious but would appreciate support from staff in UK airports, certain railways, supermarkets or visitor attractions, then you may be interested to know there is a lanyard you can wear to signal this.

The lanyard, which is entirely voluntary for people with hidden disabilities and their families, acts as a discreet sign for staff that additional support or help may be required.

The hidden disabilities lanyard is also called the “sunflower lanyard” because of its appearance – a strip of green with a pattern of yellow sunflowers. Once you get one, it is yours to keep and use for future travels, shopping trips and outings where the scheme is recognised.

Airports

In 2016, Gatwick launched the first-of-its-kind lanyard for passengers with hidden disabilities who may require additional support when travelling through the airport.

For instance, by wearing the lanyard at Gatwick or other major UK airports, you could receive support with:

- getting more time to prepare at check-in and security
- getting a more comprehensive briefing on what to expect as you travel through the airport
- staff assisting with reading a departure board or sign.

Railways

The lanyard scheme is gradually being adopted by railways. It is now being used by LNER, which operates the London North Eastern routes, and c2c, which serves 26 stations in East London and South Essex.

Supermarkets

The lanyard is being trialled by two major supermarkets. Sainsbury's is running an extended trial at 40 branches following a successful test at its Barnstaple store, while Tesco is running a trial in 15 of its Hertfordshire stores.

Visitor attractions

In August 2019, Eureka!, a children's museum in Yorkshire, joined the lanyard scheme. If you're planning a visit to Eureka!, they have lots of information on accessible visits on their website.

The Royal International Air Tattoo, which stages air shows in Gloucestershire for aircraft enthusiasts, is another attraction currently trialling the lanyard.

How to get a lanyard
Airports: If you're due to fly from a major UK airport, you should be able to ask for a lanyard from an airport assistance desk, or order it in advance, depending on your chosen airport. Find out more about the best way of getting the lanyard by contacting the airport before you travel.

•**Railways:** For LNER, ask at any station or by contacting customers services. For c2c, ask at station booking offices or by contacting customers services.

•**Supermarkets:** If you happen to shop in any of the Sainsbury's or Tesco stores

running the trial, you can request the lanyard at the customer service desk of larger stores or the checkout at smaller ones.

- Visitor attractions: Ask at the tills or information points.

- Alternatively, you can purchase the lanyard from the Hidden Disabilities Store.

This initiative is being supported by RNIB and other charities including Alzheimer's Society, The National Autistic Society and Action on Hearing Loss.

For more details:

<https://www.rnib.org.uk/rnibconnect/hidden-disabilities-lanyard>