



### **Norfolk Care Association Ltd**

This report is to give an update on the work by Interim Board. As of January 2020, Norfolk Care Association Ltd was registered with Companies House as a company limited by guarantee. The Board Directors are:

- Norfolk Independent Care (NIC) – Sanjay Kaushal
- Association Representing Mental Health Care (ARMC) – Michael Millage
- Norfolk and Suffolk Care Support Ltd (N&SCS) – Christine Futter
- Community Action Norfolk (CAN) – Jonathan Clemo
- Voluntary Norfolk (VN) – Maria Plumb

You may have seen the advertisements for the post of Chief Executive with interviews being held on 13<sup>th</sup> February 2020 in Dereham. Please pass on the details to anyone you think may be interested. You will find the application pack at <https://www.norfolkcareassociationconsultation.com/vacancies>

The interviews for the Chief Executive will be in two parts: a presentation to a Stakeholder Panel and a formal interview. We are seeking volunteers for the Stakeholder Panel. Ideally it should consist of managers/owners from the full spectrum of social care services. We have already had some expressions of interest but would be glad to receive more. If you are interested in participating, please contact Dr Fiona Denny at [fiona.denny@norfolkcareassociation.org](mailto:fiona.denny@norfolkcareassociation.org)

We will keep in touch with further updates on progress. In the meantime, if you have any questions feel free to contact our Project Officer, Fiona Denny.

### **News from Norfolk Safeguarding Adults Board**

***NEW*** news items & important updates have been posted on Norfolk SAB's website

*Please cascade to your colleagues, contacts and networks thank you.*

Since the publication of the Safeguarding Adults Review report into the deaths of Ms. F and Mr. G on 16th January 2020 there has been considerable local press coverage particularly on BBC Look East, Radio Norfolk and in the Eastern Daily Press.

[Click here for a copy of the SAR report | Ms F](#)

[Click here for a copy of the SAR report | Mr G](#)

## New NEWS ITEMS

- **# IMPORTANT UPDATE for CVS partners #**
- ***New digital portal to strengthen safeguarding guidance for charities | 23 January 2020***
- *Suffolk domestic abuse conference 20 May 2020 - "Multiple perspectives and interconnectedness" | 23 January 2020*
- *Directory of domestic abuse services in Norfolk | 23 January 2020*
- *FREE Safeguarding event for advice service professionals & volunteers | 23 January 2020*
- *FREE cybersecurity intro for charities and small businesses | 22 January 2020*
- *Domestic violence prevention work 'should focus on offenders' | 21 January 2020*

- *Blog: How to get your LPA application right | 13 January 2020*

Please go to: [Norfolk Safeguarding Adults Board \(NSAB\) then click on news](#)

## Training

**CareRite** **NSAB endorsed**  
learning provider

### Experiential Dementia Workshops

**Day 1: Dementia – The Wider Picture**  
*Exploring the Brain, Different Types of Dementia, Recognising the Key Characteristics*

**Day 2: Dementia - Distressed Behaviour / Communication**  
*What to say when someone says... What to do when someone does...*

Thursday 26<sup>th</sup> & Friday 27<sup>th</sup> March 2020  
Wednesday 8<sup>th</sup> & Thursday 9<sup>th</sup> April 2020  
Tuesday 26<sup>th</sup> & Wednesday 27<sup>th</sup> May 2020

£17 per day/£34 both days  
The Willow Centre, Cragford  
Norwich  
NR4 7JJ  
9.45am – 3.30pm  
(The days are designed to be booked as a two-day workshop)

To find out more and book your place please contact Claire Gilbert  
07584 047996 [claire@carerite.co.uk](mailto:claire@carerite.co.uk)

*The Experiential Dementia Workshops are Norfolk's 1<sup>st</sup> award winning course to enhance your care for someone living with a Dementia diagnosis. Based on the two days workshop content.*

**Book 3 places or more of your place - only £1000.00**

## Duet Diabetes

“**DUET diabetes** helps care and health providers to **upskill and increase the confidence** of their staff when looking after adults living with diabetes. We can run workshops exclusively for your organisation (at your location), or alternatively individual places can be booked for our open workshops held at various venues across Norfolk & Suffolk (please see attached flyers). Whether you have some questions or would like to make a booking, please get in touch and one of the team will be happy to help. DUET diabetes Ltd has learning provider endorsement from Norfolk & Suffolk Care Support Ltd.”



## Upcoming Open Workshops – Norfolk & Waveney

*Run by either an experienced diabetes practitioner/nurse educator or podiatrist*

More dates are planned at various locations across Norfolk for all our open workshops in 2020 – please register your interest so that we can ensure venues are suitable for those looking to attend.

**Diabetes Awareness Training\***, £50pp:

27 Jan 2020; Beccles House, 1 Common Lane North, Beccles, NR34 9BN **2 places left**

\*followed by Blood Glucose Monitoring and Glucometer Training after lunch (£40pp – including competency assessment) **4 places left**

**Diabetes Update for Registered Nurses**, £70pp:

24 Feb 2020; Beccles House, 1 Common Lane North, Beccles, NR34 9BN **5 places left**

**Diabetic Foot Screening (including competency assessment)**, £55pp:

24 Jan 2020; St Nicholas House Care Home, Littlefields, Dereham, NR19 1BG **2 places left**

19 March 2020; Lydia Eva Court, 16 Peterhouse Avenue, Gorleston-on-Sea, NR31 7PZ

**Diabetes & Healthy Eating**, £32pp:

24 Jan 2020; St Nicholas House Care Home, Littlefields, Dereham, NR19 1BG **full**

20 March 2020; Beccles House, 1 Common Lane North, Beccles, NR34 9BN

[info@duetdiabetes.co.uk](mailto:info@duetdiabetes.co.uk)

[www.duetdiabetes.co.uk](http://www.duetdiabetes.co.uk)

01799 584178

The full range of our workshops can be found on our website.

Our workshops can also be delivered in house at your place of work for up to 12 people, please contact us for prices



## Upcoming Open Workshops – Suffolk

*Run by either an experienced diabetes practitioner/nurse educator or podiatrist*

More dates are planned across Suffolk for all our open workshops in 2020 – please register your interest so that we can ensure venues are suitable for those looking to attend.

**Diabetes Awareness Training\***, £50pp:

March 2020; Ipswich & Newmarket/Bury St Edmunds

\*followed by Blood Glucose Monitoring and Glucometer Training after lunch (£40pp – including competency assessment)

**Diabetes Update for Registered Nurses**, £70pp:

13 March 2020; Avocet Court Care Home, Monmouth Close, Ipswich, IP2 8RS

**Diabetic Foot Screening (including competency assessment)**, £55pp:

10 March 2020; Seckford Care, Seckford Street, Woodbridge, Suffolk, IP12 4NB

- 3 places left

25 March 2020; Avocet Court Care Home, Monmouth Close, Ipswich, IP2 8RS

**Diabetes & Healthy Eating**, £32pp:

14 February 2020; Avocet Court Care Home, Monmouth Close, Ipswich, IP2 8RS

Feb/March 2020; West Suffolk venue

[info@duetdiabetes.co.uk](mailto:info@duetdiabetes.co.uk)

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## FREE DEMENTIA TRAINING WORKSHOPS

For family carers and those who come into contact with people with dementia through their work

The training workshop consists of one 2 hour session covering:

1. Alzheimer's Disease & Other Dementia's – gives participants a good basic understanding of the condition, its symptoms and impact on behaviour.
2. Capturing Life's Journey – introduces the benefits of recording information about the life of the person and shows how this can be used to provide high quality care.
3. Techniques to Manage Behaviours – demonstrates how some understanding together with a number of simple techniques can have a very positive impact on the individual and carer alike.
4. Activities to Encourage Engagement – provides understanding, ideas and techniques to help the carer engage the person with dementia.

The workshops are run from the Home Instead Senior Care training suite in Norwich and are free of charge. Places are limited to provide a friendly, comfortable and welcoming environment. Alternatively, we can come out to your organisation or venue to run a session. Workshops are being run on the following dates:

Wednesday 12<sup>th</sup> February at 18:00

Thursday 5<sup>th</sup> March at 14:00

Tuesday 14<sup>th</sup> April at 18:00

Wednesday 6<sup>th</sup> May at 14:00

Tuesday 2<sup>nd</sup> June at 10:00

For more information or to reserve a place please email Mark Johnston at [mark.johnston@homeinstead.co.uk](mailto:mark.johnston@homeinstead.co.uk) or call 07776 060837

